

# Supporting Challenging Behaviour for parents/carers of children in Year 6 and under

**Wednesday 5<sup>th</sup> November 12:30-13:30**

**Thursday 6<sup>th</sup> November 18:30-19:30**

The Mental Health Support Team in Schools for North and East Dorset will be running an online webinar for parents.

This session provides information on how to respond to children when their behaviour becomes challenging. The sessions covers the theory of behaviour as communication, the importance of play, and the power of positive praise to encourage behaviours parents would like to see more of. It includes practical tools that parents can use to support children when they are dysregulated.

We will also provide information of more detailed support sessions the MHST provide for parents.

To sign up for Wednesday  
5<sup>th</sup> November at 12.30,  
please go here:



To sign up for Thursday  
6<sup>th</sup> November at 18:30,  
please go here:

