

Supporting your child with symptoms of anxiety for parents with children in Year 6 and under

Wednesday 22nd October 12:30-13:30

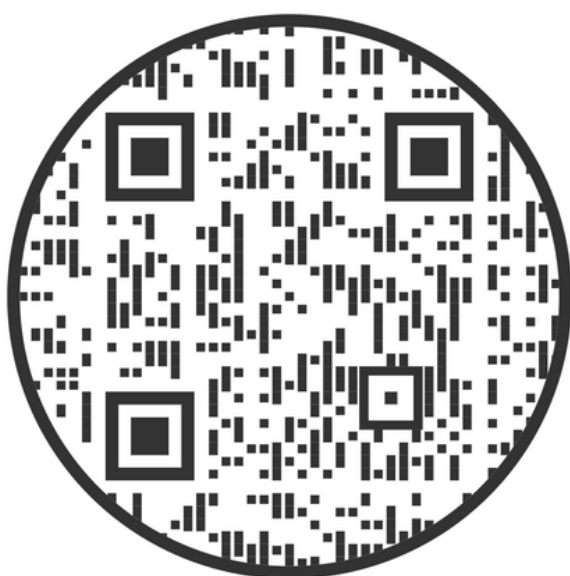
Thursday 23rd October 18:30-19:30

The Mental Health Support Team in Schools for North and East Dorset will be running an online webinar for parents.

This session is available for parents/carers who are looking to understand and support your child with symptoms of anxiety. The session covers theory around anxiety in young people, potential triggers and maintenance factors, and key strategies to support your child with managing worries.

We will also provide information of more detailed support sessions the MHST provide for parents.

To sign up for Wednesday
22nd October at 12.30,
please go here:



To sign up for Thursday
23rd October at 18:30,
please go here:

